



**A bottle of hand sanitizer to remind you,  
To guard against uncleanness.**

**You will need this to avoid the unseen danger of germs, but let it be a reminder that it is the unseen dangers that lurk in our hearts that are the most corrupting influences in our lives. Each day, awaken with this prayer on your lips. Two urgent things are needed, a clean heart to see what God sees and react as He reacts and a steadfast spirit to keep going past fatigue, past frustration, past feeling ill-equipped and unprepared.**

***Create in me a clean heart, O God  
And renew a steadfast spirit within me.  
Psalm 51:10 NIV***

**A cross to remind you,  
nothing is done in our strength.**

**Your salvation came as a result of what God did. You turned away from sin and doing things your way and fell on the mercy and grace of our Savior. You didn't save yourself. What is accomplished on this trip is not dependent on your strength either. Stop all the voices in your head and listen to Him alone and then trust enough to do what He says.**

***This is what the Sovereign Lord,  
The Holy One of Israel, says:  
"In repentance and rest is your salvation,  
In quietness and trust is your strength."  
Isaiah 30:15a-b NIV***

***I can do everything through Christ who gives me strength. Phil 4:13 NLT***

**A pointless pencil to remind you,  
that our trip will be pointless unless we share Jesus.**

**We are going to do a lot of things. We'll teach English, improve pronunciation and grammar, make friends and have a lot of fun. But if we fail to share Jesus, there is no point in going.**

***Jesus told him, "I am the way, the truth, and the life.  
No one can come to the Father except through Me. John 14:6 NLT***

**A mint to remind you,  
You are meant to be here.**

*God's gifts and God's call are under full  
warranty—never canceled, never rescinded.  
Romans 11:29                      The Message*

**A rubber band to remind you  
to be flexible.**

*The mind of man plans his way,  
But the Lord directs his steps.  
Proverbs 16:9 NASB*

**A packet of tissues to remind you,  
when what you see breaks your heart,  
keep smiling!**

*Do not be grieved,  
for the joy of the LORD is your strength.”  
[Nehemiah 8:10b NIV](#)*

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